

DBT Skills Training: The Essentials

NEW SKILLS



Behavioral Tech

DBT Skills Training: The Essentials

Learn the fundamentals of DBT Skills. This two-day workshop covers the fundamentals of Dialectical Behavior Therapy (DBT) skills: *Core Mindfulness, Distress Tolerance, Emotion Regulation, and Interpersonal Effectiveness.*

Primary Objective: As a result of this training participants will be able to do DBT skills training.

Learning Objectives:

1. Describe the dialectical nature of DBT skills training.
2. Identify the strategies and procedures required for effective teaching of DBT skills.
3. Explain the DBT skills modules
4. Structure DBT skills training for specific populations and settings.
5. Effectively review DBT skills training homework.

Location: Sharonville, OH
(Cincinnati area)

Dates: Dec. 10-11, 2018

Price: \$375

Trainer: Nicholas L. Salsman, PhD,
ABPP



CE Hours: 12.5 for for most disciplines
(see reverse for details)

Register!

<https://behavioraltech.org/event/5135-dbt-skills-essentials/>

Continuing Education Credit Information

Only participants with 100 % attendance will receive credit. Behavioral Tech cannot offer partial credit. Please remember to sign in and sign out each day to document your attendance. Continuing Education documentation will be emailed to you 4 – 6 weeks after the training. This offering meets the requirements for the following hours by discipline. Licensing and continuing education requirements vary by state.

Please contact your state's regulatory authority to verify if this course meets your licensing or continuing education requirements. Questions about CE can be directed to Behavioral Tech via phone at 206-675-8589 or via email to ceinfo@behavioraltech.org.

Alcohol and Drug Abuse Counselors

Behavioral Tech is approved by the NAADAC – the Association for Addiction Professionals, Provider #77431. Behavioral Tech will email you a letter documenting your attendance upon successful completion of the activity. The allotted contact hours for this activity = 12.5.

Mental Health Counselors

Behavioral Tech is approved by a NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. The allocated clock hours for this activity = 12.5. *Behavioral Tech will email you a letter documenting your attendance upon successful completion of the activity.*

Nurses

Behavioral Tech is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Nurses should only claim credit commensurate with the extent of their participation in the activity. Continuing Medical Education is accepted by the ANCC for nursing certification renewal. The maximum AMA PRA Category 1 Credits™ designated by Behavioral Tech for this activity = 12.5. *At the end of the training, each Nurse must complete and sign the provided form to record the number of credits claimed. Keep one copy & return the other copy to Behavioral Tech.*

Psychiatrists

Behavioral Tech is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Physicians should only claim credit commensurate with the extent of their participation in the activity. The maximum AMA PRA Category 1 Credits™ designated by Behavioral Tech for this activity = 12.5. *At the end of the training, each Physician must complete and sign the provided form to record the number of credits claimed. Keep one copy & return the other copy to Behavioral Tech.*

Psychologists

Behavioral Tech is approved by the American Psychological Association to offer continuing education for psychologists. Behavioral Tech maintains responsibility for the program and its content. Behavioral Tech will email you a letter documenting your attendance after successful completion of the program and homework. The number of hours Behavioral Tech has allocated within APA guidelines = 12.5.

Social Workers- WA

Behavioral Tech will apply to the NASW, Washington State Chapter, Provider Number 1975-166, to offer continuing education for Certified Social Workers. Behavioral Tech will email a certificate of attendance upon 100% completion of this activity. The hours of CE allocated for this activity = 12.5.

Counselor, Social Worker & Marriage and Family Therapist (CSWMFT) Board – Ohio State*

Behavioral Tech will apply to the CSWMFT Board – Ohio to offer continuing education to counselors, social workers and MFT. Behavioral Tech will email a certificate of attendance upon 100% completion of this activity. The allocated clock hours for this activity = 12.5.

